



International Programs - Student Resource Center

Health Insurance for International Students

Your good health is very important and is essential for achieving your educational goals. The health care system in the U.S. is very different from many countries. In the U.S., each individual pays his or her own medical expenses, which can be very expensive. While you study at Green River Community College, you are required to have medical insurance that meets the Minimum Requirements of Insurance Coverage detailed below. **You may either show proof of your own insurance or purchase the GRCC insurance offered through LowerMark Plus.** You can get a detailed brochure on the LowerMark Plus medical benefits plan for international students from the Student Resource Center in the International Programs office.

Minimum Requirements of Insurance Coverage

If you have health insurance from your home country, you must show us a copy of your health insurance policy. The policy must be in English and must meet the following requirements:

- Medical coverage per accident or sickness of at least \$50,000
- Deductible per accident or sickness of no more than \$100
- Repatriation coverage of at least \$10,000
- Insurance must be acceptable at all U.S. medical facilities

Proof of coverage

Beginning Fall quarter, 2004, you will automatically be charged \$168 for LowerMark Plus health insurance when you register for classes. It is your responsibility to provide proof of adequate health insurance, based on the Minimum Requirements listed above, in order to have the \$168 charge waived and removed. You **must** provide a copy of your health insurance policy to an International Student Advisor or the IESL Program Coordinator by the **1st day** of the quarter. **You must apply for a waiver every quarter.**

Family Insurance and Vacation Quarters

If you would like LowerMark Plus insurance coverage for family members (spouse or children) or during vacation quarters, make an appointment with an International Student Advisor.