Learning Styles Preference Inventory A

Read each statement and select the appropriate response number as it applies to you. Often = 3, Sometimes= 2, Seldom/Never= 1

_____1) I remember information better if I write it down.
_____2) My papers and notebooks always seem messy.
_____3) I start a project before reading the directions.
_____4) Looking at the person helps keep me focused.
_____5) When I read, I need to use my index finger to track my place on the line.
_____6) I hate to sit at a desk for long periods of time.
_____7) I need a quiet place to get my work done.
_____8) I do not follow written directions well.
_____9) I prefer first to see something done and then to do it myself.
_____10) When I take a test, I can see the textbook page in my head.
_____11) If I hear something, I will remember it.
_____12) I use the trial and error approach to problem-solving.
_____13) I need to write down directions, not just take them verbally.
_____14) Writing has always been difficult for me.
_____15) I like to read my textbook while riding an exercise bike.
_____16) Music or background noise distracts my attention from the task at hand.
_____17) I often misread words from the text, i.e. “them” for “then”).
_____18) I take frequent study breaks.
_____19) I don’t always get the meaning of a joke.
_____20) I would rather listen and learn than read and learn.
_____21) I have a difficult time giving step-by-step instructions.
_____22) I doodle and draw pictures on the margins of my notebook pages.
_____23) I’m not very good at interpreting an individual’s body language.
_____24) I enjoy sports and do well at several different types of sports.
_____25) I have trouble following lectures.
_____26) Pages with small print or poor quality copies are difficult for me to read.
_____27) I use my hands when describing things.
_____28) I react very strongly to colors.
_____29) My eyes tire quickly, even though my vision check-up is always fine.
_____30) I have to rewrite or type my class notes to reinforce the material.